

# AUGUST 2009

<p><b><u>Salad table includes lettuce, carrots, cottage cheese, Ranch &amp; French dressing and croutons</u></b></p>	<p>K=ketchup M=mustard</p>			
<p>10</p>	<p>11</p>	<p>12</p>	<p>13</p>	<p>14</p>
<p>17</p>	<p>18 Cheese Pizza, corn, fruit, lettuce carrots, cottage cheese</p>	<p>19 Sub Sand., chips, fruit x 2, pickles, mustard , mayo, lettuce, carrots, cottage cheese, oatmeal cookies</p>	<p>20 Tacos, soft shells, shredded cheese, salsa, s. cream, corn, fruit, bread, butter, lettuce, carrots cottage cheese</p>	<p>21 Breaded Chix patty sand, tater tots, K, pickles, fruit, lettuce, carrots, cottage cheese</p>
<p>24 Crisпитos, corn, cheese sauce, salsa, s. cream, fruit, lettuce, carrots, cottage cheese</p>	<p>25 Corn Dogs, onion rings, fruit, cin. Bread, k-m, lettuce, carrots, cottage cheese</p>	<p>26 Spaghetti, shredded cheese, peas, bread, fruit, butter, lettuce, carrots, cottage cheese</p>	<p>27 Chix fried steak, mashed taters, gravy, k, fruit. bread, butter, lettuce carrots, cottage cheese</p>	<p>28 Hot ham &amp;cheese, baked taters, butter, s. cream, fruit, k-m, pickles, lettuce, carrots, cottage cheese</p>
<p>31 chix gravy over biscuits, gr. Beans, fruit, lettuce, carrots, cottage cheese</p>				